



MS Volleyball

Open to all girls who will be entering 7th or 8th grade this Fall. ALL are welcome, even girls who have never played volleyball before and want to give it a try!

Our first practice will be **Monday, August 26th from 4:30-6:25 pm**. We will meet in the Middle School Gym. Be sure to bring a water bottle and gym shoes (These shoes should be ONLY worn in the gym). The first week we will practice Monday – Thursday.

Practice Schedule: From the first day of school (Sept 3), practices will be from **3:30-5:30 Mon.-Thurs.** for the whole season. The exception will be Wednesdays until **5:00 pm** AND no practices on Fridays. Note that if there is no school, then there is also no practice.

Here is our current game schedule (**subject to change**):

| Date: | Opponent | 7th grade teams | 8th grade teams |
|----------------|-------------------|---------------------|---------------------------------|
| Mon. Sep. 9 | Baldwin-Woodville | Away (Woodville) | Home |
| Thurs. Sep. 12 | Ellsworth | Home | Away |
| Mon. Sep. 16 | River Falls | Away | Home |
| Thur. Sep. 19 | St. Croix Central | Home | Away |
| Tue. Sep. 24 | Somerset | Away | Home |
| Thur. Sep. 26 | New Richmond | Home | Away |
| Thur. Oct. 3 | Osceola | Home | Away (Intermediate) |
| Tues. Oct. 8 | Prescott | Away | Home |
| Mon. Oct. 14 | Osceola | Away (Intermediate) | Home |
| Tues. Oct 15 | Somerset | Home | Away (date was changed in July) |

All games will start at **4:15 PM**. Each set will be played to 25. (the 3rd and 6th set is played to 15).

- Game day attire needed: School jersey (provided), black shorts/black Spandex, kneepads (white or black), and gym shoes.
- All players will have the chance to play in every game, and we as coaches will do our best to ensure fair playing time. This can be tricky if there are uneven numbers, but we promise to try our best. Note that if a player misses a practice/game **unexcused**, she may be asked to sit the bench for one game. This is done out of fairness to the other players who have been showing up to all practices. Players will still be expected to come to the matches and support their team, even if they are not playing that night. They are still a part of the team.
- If a player is going to miss a practice or a match, **please notify the coaches ahead of time** and the missed absences will not count against her. Please either send an email or have your daughter bring a signed note to practice. There must be a reasonable excuse for an absence to be counted as excused.
- If a player has a concern, please encourage your daughter to speak with us coaches before or after practice. Players should learn to advocate for themselves, and we will do our best to solve any issue that arises.

****IMPORTANT:** Be sure to take care of your registration, physical and concussion testing before the season starts. All info and links can be found here: <https://amerysd-ar.schooltoday.com/home>

With any questions, please contact Coach Drew Johnson (8th) or Olivia Pettersen (7th)

Drew Johnson – drewolivia14@gmail.com

Olivia Pettersen- petterseno@amerysd.k12.us

The mission of the School District of Amery is to foster academic excellence, life-long learning, and citizenship.